



Muslim Circle of Canada

Saskatoon Unit

Ph: (306) 514-3938, email: mcc.saskatoon@gmail.com

Speech and Knowledge Competition 2023

Speech Topics: Masnoon Duas

Group: KG - Grade 1

(1) When Entering the Home

بِسْمِ اللَّهِ وَلَجْنَا، وَبِسْمِ اللَّهِ خَرَجْنَا، وَعَلَى رَبِّنا تَوَكَّلْنَا

Bismillaahi walajnaa, wa bismillaahi kharajnaa, wa 'alaaRabbinaa tawakkalnaa

In the Name of Allah we enter, in the Name of Allah we leave, and upon our Lord we depend. Ref: [Abu Dawud 4/325.]

(2) When Leaving Home

بِسْمِ اللَّهِ تَوَكَّلْتُ عَلَى اللَّهِ، وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

Bismillaahi, tawakkaltu 'alallaahi, wa laa hawla wa laa quwwata 'illaa billaah.

In the Name of Allah, I have placed my trust in Allah, there is no might and no power except by Allah. Ref: [Abu Dawud 4/325, At-Tirmizi 5/490]

(3) For travel - when mounting on a transport (vehicle / animal)

سُبْحَانَ الَّذِي سَخَّرَ لَنَا هَذَا وَمَا كُنَّا لَهُ مُقْرِنِينَ، وَإِنَّا إِلَى رَبِّنا لَمُنْقَلِبُونَ،

Subhana-alladhi sakh-khara la-na hadha wa ma kunna la-hu muqrinin. Wa inna ila Rabbi-na la munqalibun.



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Glory unto Him Who created this transportation, for us, though we were unable to create it on our own. And unto our Lord we shall return.

Ref: [Surah Az-Zukhruf 43:13-14, Abu Dawud 3/34, At-Tirmizi 5/501.]

(4) Before Entering the Toilet

بِسْمِ اللَّهِ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ

Bismillaahi. Allaahumma 'innee 'a'oothu bika minal-khubthi walkhabaa'ith.

In the Name of Allah. O Allah, I seek protection in You from the male and female unclean spirits.

Ref: [Al-Bukhari 1/45, Muslim 1/283, Fathul-Bari 1/244]

(5) After Leaving the Toilet

غُفْرَانَكَ

Ghufraanaka

I seek Your forgiveness.

Ref: [Abu Dawud, Ibn Majah, At-Tirmizi, An-Nasa'i, Zadul-Ma'ad, 2/387.]